

**CONSENT FORM  
SLEEP COHORT STUDY  
Peak Flow Meter Home Study**

You are invited to participate in a research project which determines how asthma affects sleep-disordered breathing.

You will receive a packet containing a peak flow meter, instructions, a questionnaire, and our self-addressed stamped envelope.

There are no risks associated with the use of the peak flow meter and its use will not benefit you. No matter what your peak flow readings are, if you have signs and symptoms such as chest tightness, shortness of breath, coughing or wheezing you should follow your doctor's advice for contacting him or her.

The only direct benefit for participating in this study is that we will send you \$50.00 upon completion of the peak flow meter study.

Like the Sleep Cohort Study, all data is identified by code number only. Your file will be kept strictly confidential and will not be shared with anyone.

You are free to withdraw at any time and there is no obligation to take part in any further studies. We encourage you to ask any questions you may have before you decide. In the unlikely event of any physical injury occurring as a result of this research, the University does not automatically provide reimbursement for medical care or other compensation. If physical injury is suffered in the course of research, or if you have further questions or concerns, please feel free to contact Linda Evans, at 263-5786.

I would like to participate in the sleep study research project described above. My signature indicates that I have read the information in this consent form and have received a copy.

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Signature

Date

Investigator in charge: Terry Young, Ph.D. (263-5786)