

FALLS AND BALANCE Computer Assisted Interview.

table: falls_balance
subj_id, visit_number, study_date, comments

During the **past 12 months**, have you had dizziness, difficulty with balance or difficulty with falling?

past12_falling_ynrd
YES.....Y
NO.....N goto doctor_treat_ynrd
REFUSED.....R goto doctor_treat_ynrd
DON'T KNOW....D goto doctor_treat_ynrd

Which of these problems have you had

Dizziness? dizziness_ynrd
if Y: How long did the dizziness last?
dizziness_length_123rd
1 Would you say less than 2 weeks,
2 weeks to 3 months, or
3 more than 3 months?

(Have you had)

Difficulty with balance? diff_balance_ynrd
if Y: How long did the difficulty with balance last?
diff_balance_length_123rd
1 Would you say less than 2 weeks,
2 weeks to 3 months, or
3 more than 3 months?

(Have you had)

Difficulty with falling? diff_falling_ynrd

Do you get dizzy when you turn over in bed?

turn_over_dizzy_ynrd

Which of the things on this list, if any, were related to your dizziness or balance problem? Code all that apply

A cold or the flu diz_bal_cold_flu_ynrd
Injuries or accidents diz_bal_injuries_ynrd
Use of drugs or medications diz_bal_drugs_ynrd
Age or getting older diz_bal_age_ynrd
Surgery diz_bal_surgery_ynrd
Hearing problems, including ringing in the ears diz_bal_hearing_ynrd
Vision or seeing problems diz_bal_vision_ynrd

Have you **ever** been treated by a doctor or other health professional for dizziness, a balance problem, or falling?

doctor_treat_ynrd (if N, R, D goto past5_fell_once_ynrd)

How long ago were you treated? Would you say . . .

doctor_treat_length_ago_123rd
1 less than 1 year ago
2 1 year to 5 years ago, or

3 5 years or more ago

Did this treatment involve ...

- a. **medication?** `treat_medication_ynrd`
- b. **surgery to the ear?** `treat_ear_surg_ynrd`
- c. **some other type of surgery?** `treat_other_surg_ynrd`
- d. **exercises or physical therapy?** `treat_exercises_ynrd`

As a result of this treatment did your condition. . .

`treat_result_123rd`

- 1 get better
- 2 get worse,
- 3 stay the same?

These next questions are about falls or falling. By falls or falling, we mean unexpectedly dropping to the floor or ground from a standing, walking or bending position. *During the past 5 years* have you fallen at least one time?

`past5_fell_once_ynrd` (if N,R,D goto end)

During the past 12 months, have you fallen at least once a month on average?

`past12_fell_once_per_mo_ynrd`

if N,R,D goto `past12_total_falls_012345rd`

During the past 12 months, about how many times per day, week, or month have you fallen?

`past12_fell_times_num_rd`

if 1+, D next_question (`past12_fell_tperiod_123rd`)

if 0,R goto `past12_fall_injury_ynrd`

Enter time period for time fallen.

`past12_fell_tperiod_123rd`

- 1 Day
- 2 Week
- 3 Month

During the past 12 months, how many times have you fallen?

*Read if necessary. If unsure, estimate as best you can.

`past12_total_falls_012345rd`

- 0 None
- 1 1 time
- 2 2 times
- 3 3-4 times
- 4 5-7 times
- 5 8 or more times

if 0, goto end

During the past 12 months, did you have an injury as a result of a fall? For example, with a bruise, cut or wound, sprain, dislocation, fracture, broken bones, back pain, head or neck injury.

`past12_fall_injury_ynrd`

- Y Yes
- N No

if N,R,D goto `past12_tripped_ynrd`

During the past 12 months, how many days of work did you miss because of injury from falls? Please tell me the number of days, weeks, or months.

past12_lost_work_num_urd

0-365 U Doesn't work

if 0,R,U goto past12_tripped_ynrd

if 1+,D next

Enter time period for time missed work.

past12_lost_work_tperiod_123r

1 Days

2 Weeks

3 Months

Have you fallen during the past 12 months due to any of the following reasons? Please say yes or no to each. Put N if the subject cannot do the activity.

...You tripped or stumbled?

past12_tripped_ynrd

...You slipped?

past12_slipped_ynrd

...You hurried too much?

past12_hurried_ynrd

...You were not paying attention?

past12_not_attention_ynrd

...You had nothing to hold onto?

past12_no_hold_ynrd

...You blacked out or fainted?

past12_blackout_ynrd

...You lost your balance?

past12_lost_balance_ynrd

...You were knocked over by someone or something?

past12_knocked_over_ynrd

...You were playing sports or exercising?

past12_sports_ynrd

...You had a problem with hearing?

past12_hearing_ynrd

... You had a problem with vision?

past12_vision_ynrd

...You were getting up after sitting or lying down?

past12_getting_up_ynrd

...You were walking up or down stairs

past12_stairs_ynrd

...You had slow reactions or reflexes

past12_slow_react_ynrd

...You had weakness or numbness in one or both legs

past12_weak_leg_ynrd

...You had not eaten recently or you had low blood sugar?

past12_low_b sugar_ynrd

...You had a problem with medicine?

past12_med_prob_ynrd

...You drank too much alcohol?

past12_alcohol_ynrd

...You had a problem using a walker, cane, or other aid that helps you get around

past12_aid_prob_ynrd

...You had a problem with shoes, sandals or socks?

past12_footware_prob_ynrd

...You had a health condition?

past12_health_cond_ynrd

(BFWHY_22 **We decided to omit this question.**

BAL.460_22.000 * Read if necessary. Have you fallen during the past 12 months due to any of the following reasons? Please say yes or no to each.

...**Some other reason**