

## **POLICIES & PROCEDURES**

### **SLEEP RESEARCH LAB**

Date: 4/19/2004

Approved: \_\_\_\_\_

### **CRITERIA FOR MEDICAL FOLLOW UP FOR SLEEP DISORDERED BREATHING**

All studies with an apnea-hypopnea index  $>30$  will receive a follow up contact from the Medical Director. Copies of previous sleep studies and the intake form with contact information will be provided to the Medical Director. A copy of the contact letter to the volunteer from the Medical Director will be returned and filed with the volunteer's folder.

In some cases where the AHI is close to 30 and the desaturation index is in the 80 percentile for a significant time during the study, a medical follow up may be indicated and requested by the Lab Manager or Principal Investigator.

Volunteers who have received previous medical follow ups will not receive additional follow ups unless there has been a known change in their medical status.

