

INSTRUCTIONS FOR HOLTER MONITOR HOOKUP

- 1) Label cassette tape on Side A with Cohort ID#, date of study and tape# (sequential numbering).
- 2) With participant lying down on bed, prep electrode sites with alcohol and gauze, rubbing sufficiently to produce minor redness. Make sure skin is dry before applying electrodes.
- 3) Shave areas if requested by study participant.
- 4) Place electrodes as following. See diagram.
 - Green (GRD) – over clavicle bone on right side
 - Red – Top of sternum
 - Brown – lower sternum
 - White – mid-axillary right
 - Black – mid-axillary left
- 5) Use lead-lock electrodes for green, white and black if participant will be having an ambulatory blood pressure study. Use standard ECG electrodes for red and brown, and for the other sites if no ABP.
- 6) Insert cassette into unit properly making sure the lever along side of tape is closed (2 clicks). Check that tape is moving. Tape will run very slowly.
- 7) Check start time on unit or wall clock and record for 15 minutes.
- 8) Stop the cassette by releasing the lever. Put cassette into jewel case.
- 9) Remove electrode cables from electrodes. Except for electrodes on the sternum which are completely removed, leave remaining three electrodes in place for cerebral blood flow and ABP.