

HEART RATE VARIABILITY DATA SHEET

COHORT ID# _____ STUDY DATE _____ CASSETTE NO. _____

AHR (average heart rate) _____

SDNN (Standard deviation of NN intervals) _____

% Abs

ULF (Ultra-low frequency) _____

VLF (Very low frequency) _____

LF (low frequency) _____

_____ HF (High frequency) _____

Analysis by _____
Date _____

Data Sheet sent to Sleep Cohort Study Coordinator _____
Date _____