

1. \_\_\_\_\_ #Blocks per day

- 2.   1   Casual
- 2   Average
- 3   Fairly brisk
- 4   Brisk

3. \_\_\_\_\_ #Flights per day

4.   Y     N   (If no, skip to 6.)

- a. \_\_\_\_\_ activity \_\_\_\_\_ times per week \_\_\_\_\_ / \_\_\_\_\_ hour/minutes
- b. \_\_\_\_\_ activity \_\_\_\_\_ times per week \_\_\_\_\_ / \_\_\_\_\_ hour/minutes
- c. \_\_\_\_\_ activity \_\_\_\_\_ times per week \_\_\_\_\_ / \_\_\_\_\_ hour/minutes
- d. \_\_\_\_\_ activity \_\_\_\_\_ times per week \_\_\_\_\_ / \_\_\_\_\_ hour/minutes

5. \_\_\_\_\_

6.   Y     N   (If no, skip to 7.)

- a. \_\_\_\_\_ activity \_\_\_\_\_ times per year \_\_\_\_\_ / \_\_\_\_\_ hour/minutes
- b. \_\_\_\_\_ activity \_\_\_\_\_ times per year \_\_\_\_\_ / \_\_\_\_\_ hour/minutes
- c. \_\_\_\_\_ activity \_\_\_\_\_ times per year \_\_\_\_\_ / \_\_\_\_\_ hour/minutes
- d. \_\_\_\_\_ activity \_\_\_\_\_ times per year \_\_\_\_\_ / \_\_\_\_\_ hour/minutes
- e. \_\_\_\_\_ activity \_\_\_\_\_ times per year \_\_\_\_\_ / \_\_\_\_\_ hour/minutes

7. a. \_\_\_\_\_ Hours weekday      \_\_\_\_\_ Hours weekend

b. \_\_\_\_\_ Hours weekday      \_\_\_\_\_ Hours weekend

c. \_\_\_\_\_ Hours weekday      \_\_\_\_\_ Hours weekend

d. \_\_\_\_\_ Hours weekday      \_\_\_\_\_ Hours weekend

e. \_\_\_\_\_ Hours weekday      \_\_\_\_\_ Hours weekend