

**Approx CHECK Variable name (\* means there is a comment) Question**

|    |                     |  |
|----|---------------------|--|
| 1  | TIME_ASLEEP         | indicate what time you fell asleep last night: _____ Circle AM or PM                                 |
| 2  | EVAL_SLEEP          | How well did you sleep (check one)? (referring to night before overnight study)                      |
| 3  | TIME_WAKE           | What time did you wake up today? _____ Circle AM or PM   |
| 4  | NAP_TODAY           | Did you take any naps today?   |
| 5  | NAP_TIME            | <b>If yes</b> , what time did you nap:   |
| 6  | NAP_LENGTH          | How long did you sleep? _____ #minutes   |
| 7  | EVAL_DAY            | How was your day today (check one)?  |
| 8  | PHYS_PROBS          | Do you have any physical problems or discomforts tonight?  |
| 9  | PHYS_DESC1          | <b>If yes</b> , indicate what  |
| 10 | PHYS_DESC2          | <b>If yes</b> , indicate what  |
| 11 | PHYS_DESC3          | <b>If yes</b> , indicate what  |
| 12 | DRUG_USE            | Do you regularly take any medicines?   |
| 13 | DRUG_OTHER          | Have you taken any other kind of drug today?   |
| 14 | DRUGS_OTHER*        | Have you taken any other kind of drug today?   |
| 15 | DRUGS_OTHER1        | what?  |
| 16 | DRUGS_OTHER2        | what?  |
| 17 | DRUGS_OTHER3        | what?  |
| 18 | SLEEP_AIDS          | Do you <u>routinely</u> take any of the following over-the-counter medications? Sleeping aids or s   |
| 19 | STIMULANTS          | Do you <u>routinely</u> take any of the following over-the-counter medications? Stimulants, like N   |
| 20 | DIETING_AIDS        | Do you <u>routinely</u> take any of the following over-the-counter medications? Appetite depress     |
| 21 | CUPS_COFFEE         | How many cups of coffee or tea, <b>with caffeine</b> , do you usually drink in a typical day?        |
| 22 | CANS_COLA           | How many cans of cola or other soft drinks, <b>with caffeine</b> , do you usually drink in a typical |
| 23 | COUNTRY_BORN        | What country were you born in  |
| 24 | HERITAGE1           | What heritage do you identify most closely with  |
| 25 | HERITAGE2           | What heritage do you identify most closely with  |
| 26 | TYPE_WORK           | What is your current occupation/job title?   |
| 27 | YEARS_JOB           | How many years have you been doing the kind of work you do at your present job?                      |
| 28 | TYPE_SHIFT*         | For your job, do you work (check one):   |
| 29 | TYPE_SHIFT*         | For your job, do you work (check one):   |
| 30 | EMPLOYED_FULLTIME   | Are you currently? Employed full time?   |
| 31 | EMPLOYED_OTHER      | Are you currently? Employed full time?   |
| 32 | EMPLOYED_PARTTIME   | Are you currently? Employed part time?   |
| 33 | EMPLOYED_RETIRED    | Are you currently? Retired?  |
| 34 | EMPLOYED_SEASONALLY | Are you currently? Seasonally?   |
| 35 | WEIGHT_CONTR        | Which category below best fits your experience with weight control (check one)?                      |
| 36 | WEIGHT_20S          | Please estimate your weight at the following ages, excluding illness and pregnancy (early 20         |
| 37 | WEIGHT_30S          | Please estimate your weight at the following ages, excluding illness and pregnancy (early 30         |
| 38 | WEIGHT_40S          | Please estimate your weight at the following ages, excluding illness and pregnancy (early 40         |
| 39 | WEIGHT_50S          | Please estimate your weight at the following ages, excluding illness and pregnancy (early 50         |
| 40 | BUILD_CHILD         | Which of the categories best describes your body build as a child?                                   |
| 41 | BUILD_ADOLES        | Which of the categories best describes your body build as a teenage?                                 |
| 42 | DRIVE               | Do you drive a vehicle at least once/week?   |
| 43 | DRIVE_FREQ          | How often you, as the driver, drive to work?   |
| 44 | DRIVE_MILES         | About how many miles is it from your home to your place of work? (one-way)                           |
| 45 | DRIVE_JOB           | Do you do any driving as part of your job?   |
| 46 | DRIVE_JOB_MI        | Can you estimate how many miles each week or each year you drive as part of your job?                |
| 47 | DRIVE_YEAR          | Please estimate the total miles per year <b>you, as the driver</b> , drive a car. _____ Miles/Year   |
| 48 | NASAL_CONG          | Have you had any nasal congestion or stuffiness today or tonight?                                    |
| 49 | NASAL_CONG1         | If yes, do you know what caused the stuffiness?  |
| 50 | NASAL_CONG2         | If yes, do you know what caused the stuffiness?  |
| 51 | NASAL_CONG3         | If yes, do you know what caused the stuffiness?  |
| 52 | NASAL_NIGHT         | Are there times during the year when you experience nasal congestion or stuffiness at night?         |
| 53 | NASAL_ALL_YR        | If yes, do the periods of stuffiness occur: during specific seasons? OR throughout the year?         |
| 54 | NASAL_FALL          | if seasons, which one? Fall  |
| 55 | NASAL_SPRING        | if seasons, which one? Spring  |
| 56 | NASAL_SUMMER        | if seasons, which one? Summer  |
| 57 | NASAL_WINTER        | if seasons, which one? Winter  |
| 58 | NASAL_NIGHT1        | Do you know what causes the stuffiness?  |
| 59 | NASAL_NIGHT2        | Do you know what causes the stuffiness?  |
| 60 | NASAL_NIGHT3        | Do you know what causes the stuffiness?  |
| 61 | NASAL_OTHER*        | Do you have any other problems, such as an illness, allergy, deviated septum or structural p         |
| 62 | NASAL_OTHER1        | <b>If yes</b> , indicate what (please be specific):  |

|     |                         |   |
|-----|-------------------------|---|
| 63  | NASAL_OTHER2            | <b>If yes</b> , indicate what (please be specific):   |
| 64  | NASAL_OTHER3            | <b>If yes</b> , indicate what (please be specific):   |
| 65  | NASAL_OTHER4            | <b>If yes</b> , indicate what (please be specific):   |
| 66  | NASAL_OTHER5            | <b>If yes</b> , indicate what (please be specific):   |
| 67  | ALLERGY_MED             | Do you take allergy medication?   |
| 68  | TYPE_MED1               | What do you take?   |
| 69  | TYPE_MED2               | What do you take?   |
| 70  | TYPE_MED3               | What do you take?   |
| 71  | NASAL_RELIEF            | Does it relieve the nasal stuffiness?   |
| 72  | PAIN                    | Have you ever had any pain or discomfort in your chest?   |
| 73  | PAIN_HILL               | Do you get it when you walk uphill or hurry?  |
| 74  | PAIN_PACE               | Do you get it when you walk at an ordinary pace on the level?                                     |
| 75  | PAIN_ACTION             | What do you do if you get it while you are walking?   |
| 76  | PAIN_TIME               | If you stand still, how soon does the pain go away?   |
| 77  | PAIN_BREASTBONE         | Where does the pain occur (check <u>all</u> that apply)? Upper or middle breastbone               |
| 78  | PAIN_FRONT              | Have you ever had a severe pain across the front of your chest lasting for 1/2 hour or more?      |
| 79  | PAIN_LEFT_ARM           | Where does the pain occur (check <u>all</u> that apply)? Left arm                                 |
| 80  | PAIN_LEFT_CHEST         | Where does the pain occur (check <u>all</u> that apply)? Left side of chest                       |
| 81  | PAIN_LOWER_CHEST        | Where does the pain occur (check <u>all</u> that apply)? Lower chest                              |
| 82  | PAIN_OCCURS_OTHER       | Where does the pain occur (check <u>all</u> that apply)? Other:                                   |
| 83  | PAIN_WHERE51            | Where does the pain occur (check all that apply)? Other:  |
| 84  | PAIN_WHERE52            | Where does the pain occur (check all that apply)? Other:  |
| 85  | PAIN_WHERE53            | Where does the pain occur (check all that apply)? Other:  |
| 86  | PAIN_OTHER              | Do you feel it anywhere else?   |
| 87  | PAIN_OTHER1             | If yes, where?  |
| 88  | PAIN_OTHER2             | If yes, where?  |
| 89  | PAIN_OTHER3             | If yes, where?  |
| 90  | LEG                     | Do you get pain in either leg on walking? <u>Y</u> _Yes <u>N</u> _No                              |
| 91  | LEG_STILL               | Does this leg pain ever begin when you are standing still or sitting?                             |
| 92  | LEG_WHERE1              | In what part of your leg do you feel it? (2nd mark of other for leg_where1                        |
| 93  | LEG_WHERE2              | In what part of your leg do you feel it? (2nd mark of other for leg_where1                        |
| 94  | LEG_WHERE31             | In what part of your leg do you feel it? (other code)   |
| 95  | LEG_WHERE32             | In what part of your leg do you feel it? (other code)   |
| 96  | LEG_WHERE33             | In what part of your leg do you feel it? (other code)   |
| 97  | LEG_HILL                | Do you get it if you walk uphill or hurry?  |
| 98  | LEG_PACE                | Do you get it if you walk at an ordinary pace on the level?                                       |
| 99  | LEG_DISAPPEAR           | Does the pain ever disappear while you are walking? <u>Y</u> _Yes <u>N</u> _No                    |
| 100 | LEG_ACTION              | What do you usually do if you get it when you are walking?  |
| 101 | LEG_TIME                | If you stand still, how soon does the pain go away?   |
| 102 | CORONARY_YND            | The next section asks about specific medical problems. Please indicate if you have been told      |
| 103 | CORONARY_TX             | Also, describe what, if any, treatment you received. (in Coronary artery disease? = "Y")          |
| 104 | CORONARY_YEAR           | If yes, indicate how many years ago ____ or the year ____ you were diagnosed. (if Coronary        |
| 105 | ATHEROSCL_YND           | The next section asks about specific medical problems. Please indicate if you have been told      |
| 106 | ATHEROSCL_TX            | Also, describe what, if any, treatment you received. (in Atherosclerosis (hardening of the art    |
| 107 | ATHEROSCL_YEAR          | If yes, indicate how many years ago ____ or the year ____ you were diagnosed. (if Atherosclerosis |
| 108 | ARRHYTHMIA_YND          | The next section asks about specific medical problems. Please indicate if you have been told      |
| 109 | ARRHYTHMIA_TX           | Also, describe what, if any, treatment you received. (in Irregular heartbeat or arrhythmia? =     |
| 110 | ARRHYTHMIA_YEAR         | If yes, indicate how many years ago ____ or the year ____ you were diagnosed. (if Irregular       |
| 111 | HEARTATTACK_TX          | Also, describe what, if any, treatment you received. (in Heart attack or infarct? = "Y")          |
| 112 | HEARTATTACK_YEAR        | If yes, indicate how many years ago ____ or the year ____ you were diagnosed. (if Heart attack    |
| 113 | HEARTATTACK_YND         | The next section asks about specific medical problems. Please indicate if you have been told      |
| 114 | CONGESTIVEHF_TX         | Also, describe what, if any, treatment you received. (in Congestive heart failure? = "Y")         |
| 115 | CONGESTIVEHF_YEAR       | If yes, indicate how many years ago ____ or the year ____ you were diagnosed. (if Congestive      |
| 116 | CONGESTIVEHF_YND        | The next section asks about specific medical problems. Please indicate if you have been told      |
| 117 | ANGINA_TX               | Also, describe what, if any, treatment you received. (in angina = "Y")                            |
| 118 | ANGINA_YEAR             | If yes, indicate how many years ago ____ or the year ____ you were diagnosed. (if angina =        |
| 119 | ANGINA_YND              | The next section asks about specific medical problems. Please indicate if you have been told      |
| 120 | CORONARYBYPASS_YND      | Have you ever had any of the following surgical procedures? If yes, check all that apply: C       |
| 121 | ANGIOPLASTY_YND         | Have you ever had any of the following surgical procedures? Coronary or balloon angioplasty       |
| 122 | PACEMAKER_YND           | Have you ever had any of the following surgical procedures? If yes, check all that apply: In      |
| 123 | OTHER_HEART_SURGERY_YND | Have you ever had any of the following surgical procedures? If yes, check all that apply: O       |
| 124 | OTHER_HEART_SURG_CODE1  | Have you ever had any of the following surgical procedures? If yes, check all that apply: O       |
| 125 | OTHER_HEART_SURG_CODE2  | Have you ever had any of the following surgical procedures? If yes, check all that apply: O       |

|               |                        |   |
|---------------|------------------------|---|
| 126           | OTHER_HEART_SURG_CODE3 | Have you ever had any of the following surgical procedures? If yes, check all that apply: O         |
| 127           | HYPERTENSION_TX        | Also, describe what, if any, treatment you received. (in High blood pressure or hypertension        |
| 128           | HYPERTENSION_YEAR      | If yes, indicate how many years ago ____ or the year ____ you were diagnosed. (if High blc          |
| 129           | HYPERTENSION_YND       | The next section asks about specific medical problems. Please indicate if you have been tol         |
| 130           | STROKE_TX              | Also, describe what, if any, treatment you received. (in stroke?="Y")                               |
| 131           | STROKE_YEAR            | If yes, indicate how many years ago ____ or the year ____ you were diagnosed. (if stroke?="         |
| 132           | STROKE_YND             | The next section asks about specific medical problems. Please indicate if you have been tol         |
| 133           | DIABETES_TX            | Also, describe what, if any, treatment you received. (in Diabetes?="Y")                             |
| 134           | DIABETES_YEAR          | If yes, indicate how many years ago ____ or the year ____ you were diagnosed. (if Diabetes          |
| 135           | DIABETES_YND           | The next section asks about specific medical problems. Please indicate if you have been tol         |
| 136           | ASTHMA_TX              | Also, describe what, if any, treatment you received. (in Asthma? = "Y")                             |
| 137           | ASTHMA_YEAR            | If yes, indicate how many years ago ____ or the year ____ you were diagnosed. (if Asthma?           |
| 138           | ASTHMA_YND             | The next section asks about specific medical problems. Please indicate if you have been tol         |
| 139           | EMPHYSEMA_TX           | Also, describe what, if any, treatment you received. (in Emphysema or Obstructive lung disease? =   |
| 140           | EMPHYSEMA_YEAR         | If yes, indicate how many years ago ____ or the year ____ you were diagnosed. (if Emphysema? ="     |
| 141           | EMPHYSEMA_YND          | The next section asks about specific medical problems. Please indicate if you have been told by a d |
| 142           | THYROID_TX             | Also, describe what, if any, treatment you received. (in thyroid problem = "Y")                     |
| 143           | THYROID_YEAR           | If yes, indicate how many years ago ____ or the year ____ you were diagnosed. (if Thyroid           |
| 144           | THYROID_YND            | The next section asks about specific medical problems. Please indicate if you have been tol         |
| 145           | THYROID_PROBLEM_CODE   | Also, describe the type of thyroid problem and what, if any, treatment you received. (in thr        |
| 146           | EPILEPSY_TX            | Also, describe what, if any, treatment you received. (in Epilepsy or convulsions? = "Y")            |
| 147           | EPILEPSY_YEAR          | If yes, indicate how many years ago ____ or the year ____ you were diagnosed. (if Epilepsy          |
| 148           | EPILEPSY_YND           | The next section asks about specific medical problems. Please indicate if you have been tol         |
| 149           | ARTHRITIS_TX           | Also, describe what, if any, treatment you received. (in Arthritis? = "Y")                          |
| 150           | ARTHRITIS_YEAR         | If yes, indicate how many years ago ____ or the year ____ you were diagnosed. (if Arthritis         |
| 151           | ARTHRITIS_YND          | The next section asks about specific medical problems. Please indicate if you have been tol         |
| 152           | BACK_PAIN*             | Have you had any <u>chronic</u> joint or back pain?   |
| 153           | BACK_YEAR1             | <b>If yes</b> , when did it occur? _____ Month/Year (if any chronic joint or back pain="Y")         |
| 154           | BACK_YEAR2             | <b>If yes</b> , when did it occur? _____ Month/Year (if any chronic joint or back pain="Y")         |
| 155           | BACK_CODE1             | Please describe it: (if any chronic joint or back pain="Y")   |
| 156           | BACK_CODE2             | Please describe it: (if any chronic joint or back pain="Y")   |
| 157           | ILLNESS*               | have you had any <u>major</u> illness or hospitalization?   |
| 158           | ILL_YEAR1              | <b>If yes</b> , when did it occur? _____ Month/Year   |
| 159           | ILL_YEAR2              | <b>If yes</b> , when did it occur? _____ Month/Year   |
| 160           | ILL_CODE1              | Please describe it:   |
| 161           | ILL_CODE2              | Please describe it:   |
| 162**don't kn | DENTAL_WORK*           | Have you ever had any dental work, like braces, retainers, or dentures to change your bite o        |
| 163           | DENTAL_DESC1           | What (any dental work, like braces or retainers, to change your bite or your jaw position?)         |
| 164           | DENTAL_DESC2           | What (any dental work, like braces or retainers, to change your bite or your jaw position?)         |
| 165           | DENTAL_AGE1            | How old were you when this work was done?   |
| 166           | DENTAL_AGE2            | How old were you when this work was done?   |
| 167           | DENTAL_YEAR1           | When was the work done? _____ Month/Year  |
| 168           | DENTAL_YEAR2           | When was the work done? _____ Month/Year  |
| 169           | INJ_SURGERY*           | have you had an injury to or surgery on your nose or face? ___Yes ___No                             |
| 170           | INJ_DESC1              | Please describe it:   |
| 171           | INJ_DESC2              | Please describe it:   |
| 172           | INJ_DESC3              | Please describe it:   |
| 173           | INJ_DESC4              | Please describe it:   |
| 174           | INJ_DESC5              | Please describe it:   |
| 175           | INJ_YEAR1              | When was the work done? _____ Month/Year  |
| 176           | INJ_YEAR2              | When was the work done? _____ Month/Year  |
| 177           | INJ_YEAR3              | When was the work done? _____ Month/Year  |
| 178           | INJ_YEAR4              | When was the work done? _____ Month/Year  |
| 179           | INJ_YEAR5              | When was the work done? _____ Month/Year  |
| 180           | TONSILS                | Have you had your tonsils removed?  |
| 181           | TONSILS_AGE            | How old were you then? (when tonsils were removed)  |
| 182           | TONSILS_YEAR           | If yes (to tonsils removed question), when was the surgery performed?                               |
| 183           | Adenoids               | Have you had your adenoids removed?   |
| 184           | ADENOIDS_AGE           | How old were you then? (when adenoids were removed)   |
| 185           | ADENOIDS_YEAR          | If yes (to adenoids removed question), when was the surgery performed?                              |
| 186           | DROWN_GAS              | Have you ever had any of these experiences? Been partially drowned or overcome by a toxi            |
| 187           | UNCONSCIOUS            | Have you ever had any of these experiences? Been unconscious or in a coma?                          |
| 188           | HEAD_INJURY            | Have you ever had any of these experiences? Had a head injury?                                      |
| 189           | BEER_WEEK*             | Please estimate your <b>usual</b> consumption of alcoholic beverages,How many cans or bottles o     |

|               |                              |   |
|---------------|------------------------------|---|
| 190           | WINE_WEEK                    | Please estimate your <b>usual</b> consumption of alcoholic beverages, How many glasses of wine :                  |
| 191           | HARD_WEEK                    | Please estimate your <b>usual</b> consumption of alcoholic beverages, How many mixed drinks or                    |
| 192           | NONDRINKER                   | If you do not drink alcoholic beverages at all check here _____   |
| 193           | NON_PAST5Y*                  | If non-drinker, ask: Thinking back over the past five years, did you drink alcoholic beverages                    |
| 194           | NON_NUMBER                   | If Yes, about how many beers or drinks containing alcohol might you have had in a typical                         |
| 195           | DRINK_NIGHTS                 | How many nights, during a typical week, might you have an alcoholic drink within 1 hour o                         |
| 196           | DRINK_PAST5Y                 | your current amount of drinking fairly typical of your habits over the last 5 years?                              |
| 197           | DRINK_PAST                   | <b>If no</b> , how is your drinking different from the past ( <i>check one</i> )?                                 |
| 198 need date | DRINK_24HRS*                 | Have you had any alcoholic beverages today? ___ Yes ___ No  |
| 199           | DRINK_NUMBER                 | How many? _____ # of drinks   |
| 200           | DRINK_TIME                   | At about what time was that   |
| 201           | SMOKE                        | Have you ever smoked tobacco regularly?   |
| 202           | SMOKE_CURR                   | Do you currently smoke?   |
| 203           | SMOKE_QUIT                   | <b>If no</b> , when did you quit?   |
| 204           | SMOKE_QUIT_YEARS_AGO         |   |
| 205           | SMOKE_YEARS                  | Overall, how many years total, have you been <b>OR</b> were you a regular smoker?                                 |
| 206           | BOWLS_DAY                    | How much do you smoke now, OR if you quit smoking, how much did you smoke in the pa                               |
| 207           | PACKS_WEEK                   | How much do you smoke now, OR if you quit smoking, how much did you smoke in the pa                               |
| 208           | CIGARS_DAY                   | How much do you smoke now, OR if you quit smoking, how much did you smoke in the pa                               |
| 209           | FATIGUED                     | Do you <b>usually</b> feel tired or fatigued at times <b>during a typical day</b> ? ___ Yes ___ No                |
| 210           | FATIGUE_CONCENTRATE          | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): Ability to concentrate    |
| 211           | FATIGUE_ENJOYMENT_OF_L       | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): Enjoyment of life         |
| 212           | FATIGUE_HOUSEWORK            | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): Housework                 |
| 213           | FATIGUE_MOOD                 | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): Mood                      |
| 214           | FATIGUE_MOTIVATION           | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): Motivation                |
| 215           | FATIGUE_NONE                 | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): None of the above, tired  |
| 216           | FATIGUE_OTHER                | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): Other                     |
| 217           | FATIGUE_RELATIONSHIPS        | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): Relationships with people |
| 218           | FATIGUE_WORK                 | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): Work                      |
| 219           | SLEEPINESS                   | Many people have periods of low energy or fatigue, but, <b>during a typical day</b> do you exper                  |
| 220           | SLEEPINESS_WORK              | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): Work                      |
| 221           | SLEEPINESS_MOOD              | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): Mood                      |
| 222           | SLEEPINESS_RELATIONSHIPS     | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): relationships with people |
| 223           | SLEEPINESS_ENJOYMENT_OF_LIFE | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): enjoyment of life         |
| 224           | SLEEPINESS_CONCENTRATE       | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): ability to concentrate    |
| 225           | SLEEPINESS_MOTIVATION        | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): Motivation                |
| 226           | SLEEPINESS_HOUSEWORK         | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): Housework                 |
| 227           | SLEEPINESS_OTHER             | <b>If yes</b> , does the tiredness interfere with your ( <i>check all that apply</i> ): Other                     |
| 228           | SLEEPINESS_NONE              | None of the above, tiredness does not interfere with my activities  |
| 229           | SLEEPINESS_WORKDAY_MOR       | <b>If yes</b> , when it is difficult to fight the urge to fall asleep?  |
| 230           | SLEEPINESS_WORKDAY_AFT       | <b>If yes</b> , when it is difficult to fight the urge to fall asleep?  |
| 231           | SLEEPINESS_EVENINGS          | <b>If yes</b> , when it is difficult to fight the urge to fall asleep?  |
| 232           | SLEEPINESS_WEEKEND_MOR       | <b>If yes</b> , when it is difficult to fight the urge to fall asleep?  |
| 233           | SLEEPINESS_WEEKEND_AFT       | <b>If yes</b> , when it is difficult to fight the urge to fall asleep?  |
| 234           | SLEEPINESS_WEEKEND_EVE       | <b>If yes</b> , when it is difficult to fight the urge to fall asleep?  |
| 235           | SLEEPINESS_NO_CERTAIN_       | <b>If yes</b> , when it is difficult to fight the urge to fall asleep?  |
| 236           | SLEEP_WHY                    | Do you know why you have periods of sleepiness?   |
| 237           | SLEEP_REAS1                  | <b>If yes</b> , what is the reason(s)?  |
| 238           | SLEEP_REAS2                  | <b>If yes</b> , what is the reason(s)?  |
| 239           | SLEEP_REAS3                  | <b>If yes</b> , what is the reason(s)?  |
| 240           | SLEEP_REAS4                  | <b>If yes</b> , what is the reason(s)?  |
| 241           | NAP_FREQ                     | How often, <b>on average</b> , do you take a nap during the day or the evening ( <i>check one</i> )?              |
| 242           | SNORE_FREQ                   | According to what other have told you or to your own awareness, how often do you snore?                           |
| 243           | SNORE_VOL                    | How loud do you think, or have others said, your snoring is?  |
| 244           | CHOKES_FREQ                  | According to what others have told you, or to your own awareness, how often, if ever, do yc                       |
| 245           | AWAKE_FREQ                   | How often, if ever, have you awakened suddenly with the feeling of gasping or choking?                            |
| 246           | AWAKE_FREQ*                  | How often, if ever, have you awakened suddenly with the feeling of gasping or choking?                            |
| 247           | APNEA_FREQ*                  | According to what others have told you, or to your own awareness, how often, if ever, do yc                       |
| 248           | APNEA_FREQ*                  | According to what others have told you, or to your own awareness, how often, if ever, do yc                       |
| 249           | KICK_FREQ                    | According to what others have told you, how often, if ever, do you kick or make other disru                       |
| 250           | WORKDAY                      | How many hours of sleep do you usually get during: workday night  |
| 251           | WEEKEND                      | How many hours of sleep do you usually get during: a weekend or non worknight                                     |
| 252           | NAPS                         | How many hours of sleep do you usually get during: a typical week from daytime or evenin                          |

|     |                |   |
|-----|----------------|---|
| 253 | TSO            | About how many minutes does it <b>usually</b> take you to fall asleep at night? _____ #minutes  |
| 254 | PS_DIFF        | How often, if ever, do you have any of the following problems sleeping? (Circle one respon      |
| 255 | PS_BACKSLEEP   | How often, if ever, do you have any of the following problems sleeping? (Circle one respon      |
| 256 | PS_WAKEREPEAT  | How often, if ever, do you have any of the following problems sleeping? (Circle one respon      |
| 257 | PS_TOOEARLY    | How often, if ever, do you have any of the following problems sleeping? (Circle one respon      |
| 258 | PS_NOTRESTED   | How often, if ever, do you have any of the following problems sleeping? (Circle one respon      |
| 259 | PS_WAKEUP      | How often, if ever, do you have any of the following problems sleeping? (Circle one respon      |
| 260 | PS_NIGHTMARE   | How often, if ever, do you have any of the following problems sleeping? (Circle one respon      |
| 261 | PS_EDS         | How often, if ever, do you have any of the following problems sleeping? (Circle one respon      |
| 262 | PS_WEAK        | How often, if ever, do you have any of the following problems sleeping? (Circle one respon      |
| 263 | PS_MOVE        | How often, if ever, do you have any of the following problems sleeping? (Circle one respon      |
| 264 | PS_MOVESLEEP   | How often, if ever, do you have any of the following problems sleeping? (Circle one respon      |
| 265 | SLEEP_PROB     | Have you ever <b>gone to a doctor</b> for any <b>sleep problem</b> ?                            |
| 266 | PROB_DATE      | <b>If yes</b> , please indicate when _____ (Month/Year)   |
| 267 | PROB_DOC1      | What kind of doctor (general, family, sleep medicine, etc.) did you see?                        |
| 268 | PROB_DOC2      | What kind of doctor (general, family, sleep medicine, etc.) did you see?                        |
| 269 | PROB_DOC3      | What kind of doctor (general, family, sleep medicine, etc.) did you see?                        |
| 270 | PROB_TEST1     | What, tests, if any, were done?   |
| 271 | PROB_TEST2     | What, tests, if any, were done?   |
| 272 | PROB_TEST3     | What, tests, if any, were done?   |
| 273 | PROB_STUDY     | Did you see a doctor due to the results of your last sleep study in our lab?                    |
| 274 | PROB_CODE1     | What sleep problem(s) were you trying to get help for?  |
| 275 | PROB_CODE2     | What sleep problem(s) were you trying to get help for?  |
| 276 | PROB_CODE3     | What sleep problem(s) were you trying to get help for?  |
| 277 | APNEA          | Have you ever been <b>told by a doctor</b> that you have <b>sleep apnea</b> ?                   |
| 278 | APNEA_DATE     | <b>If yes</b> , when was this? _____ Month/Year (reported Y told by a doctor that they had slee |
| 279 | APNEA_TEST1    | What tests, if any, were done? (reported Y told by a doctor that they had sleep apnea)          |
| 280 | APNEA_TEST2    | What tests, if any, were done? (reported Y told by a doctor that they had sleep apnea)          |
| 281 | APNEA_TEST3    | What tests, if any, were done? (reported Y told by a doctor that they had sleep apnea)          |
| 282 | APNEA_NEED     | Were you told you needed treatment? ___Yes ___No (reported Y told by a doctor that th           |
| 283 | APNEA_TREAT1   | <b>If yes</b> , what treatment was recommended? (When told "Y" need treatment for sleep apnea)  |
| 284 | APNEA_TREAT2   | <b>If yes</b> , what treatment was recommended? (When told "Y" need treatment for sleep apnea)  |
| 285 | APNEA_TREAT3   | <b>If yes</b> , what treatment was recommended? (When told "Y" need treatment for sleep apnea)  |
| 286 | APNEA_TREATED  | Did you have the treatment? (when told "Y" needed treatment for sleep apnea                     |
| 287 | TREATMENT_DATE | <b>If yes</b> , when did you first have the treatment? _____ Month/Year                         |
| 288 | TREATMENT_HELP | Did the treatment help ( <i>check one</i> )?  |
| 289 | TREAT_COM1     | Comments:   |
| 290 | TREAT_COM2     | Comments:   |
| 291 | TREAT_COM3     | Comments:   |
| 292 | NONCOMP1       | If the treatment was CPAP or BiPAP please answer the following questions: If you are not u      |
| 293 | NONCOMP2       | If the treatment was CPAP or BiPAP please answer the following questions: If you are not u      |
| 294 | NONCOMP3       | If the treatment was CPAP or BiPAP please answer the following questions: If you are not u      |
| 295 | COMP_HRNIGHT   | If the treatment was CPAP or BiPAP please answer the following questions:: If you are usin      |
| 296 | COMP_NIGHTS_WK | If the treatment was CPAP or BiPAP please answer the following questions:: If you are usin      |
| 297 | COMP_PROB1     | If the treatment was CPAP or BiPAP please answer the following questions: Describe the pr       |
| 298 | COMP_PROB2     | If the treatment was CPAP or BiPAP please answer the following questions: Describe the pr       |
| 299 | COMP_PROB3     | If the treatment was CPAP or BiPAP please answer the following questions: Describe the pr       |
| 300 | NARCO          | Have you ever been <b>told by a doctor</b> that you have <b>narcolepsy</b> ?                    |
| 301 | NARCO_DATE     | <b>If yes</b> , when was this? _____ Month/Year   |
| 302 | NARCO_TEST1    | What tests, if any, were done?  |
| 303 | NARCO_TEST2    | What tests, if any, were done?  |
| 304 | NARCO_TEST3    | What tests, if any, were done?  |
| 305 | NARCO_NEED     | Were you told you needed treatment?   |
| 306 | NARCO_TREAT1   | <b>If yes</b> , what treatment was recommended?   |
| 307 | NARCO_TREAT2   | <b>If yes</b> , what treatment was recommended?   |
| 308 | NARCO_TREAT3   | <b>If yes</b> , what treatment was recommended?   |
| 309 | NARCO_TREATED  | Did you have the treatment?   |
| 310 | N_TREAT_DATE   | If yes, when did you first have the treatment? (for narcolepsy)                                 |
| 311 | N_TREAT_HELP   | Did the treatment help (check one)? (for narcolepsy)  |
| 312 | N_TREAT_COM1   | Comments:(on treatment for narcolepsy)  |
| 313 | N_TREAT_COM2   | Comments:(on treatment for narcolepsy)  |
| 314 | N_TREAT_COM3   | Comments:(on treatment for narcolepsy)  |
| 315 | SD             | Have you ever been <b>told by a doctor</b> that you had any <b>other sleep disorder</b> ?       |

|     |               |   |
|-----|---------------|---|
| 316 | SD_CODE1      | <b>If yes</b> , what sleep disorder were you told you had?  |
| 317 | SD_CODE2      | <b>If yes</b> , what sleep disorder were you told you had?  |
| 318 | SD_CODE3      | <b>If yes</b> , what sleep disorder were you told you had?  |
| 319 | SD_DATE       | When was this? ___ Month/Year   |
| 320 | SD_TEST1      | What tests, if any, were done?  |
| 321 | SD_TEST2      | What tests, if any, were done?  |
| 322 | SD_TEST3      | What tests, if any, were done?  |
| 323 | SD_NEED       | Were you told you needed treatment?   |
| 324 | SD_TREAT1     | <b>If yes</b> , what treatment was recommended?   |
| 325 | SD_TREAT2     | <b>If yes</b> , what treatment was recommended?   |
| 326 | SD_TREAT3     | <b>If yes</b> , what treatment was recommended?   |
| 327 | SD_TREATED    | Did you have the treatment?   |
| 328 | SD_TREAT_DATE | <b>If yes</b> , when did you first have the treatment? _____ Month/Year                                 |
| 329 | SD_TREAT_HELP | Did the treatment help ( <i>check one</i> )?  |
| 330 | SD_TREAT_COM1 | Comments:   |
| 331 | SD_TREAT_COM2 | Comments:   |
| 332 | SD_TREAT_COM3 | Comments:   |
| 333 | OTHER         | Other than what you have described above, have you ever tried to get medical care for a sleep disorder? |
| 334 | OTHER_DATE    | <b>If yes</b> , when was this? _____ Month/Year   |
| 335 | OTHER_HELP1   | What was the problem(s) you were trying to get help for?  |
| 336 | OTHER_HELP2   | What was the problem(s) you were trying to get help for?  |
| 337 | OTHER_HELP3   | What was the problem(s) you were trying to get help for?  |
| 338 | OTHER_DOC1    | What kind of doctor (general, family, sleep medicine, etc.) did you contact?                            |
| 339 | OTHER_DOC2    | What kind of doctor (general, family, sleep medicine, etc.) did you contact?                            |
| 340 | OTHER_DOC3    | What kind of doctor (general, family, sleep medicine, etc.) did you contact?                            |
| 341 | OTHER_COM1    | What did the doctor tell you?   |
| 342 | OTHER_COM2    | What did the doctor tell you?   |
| 343 | OTHER_COM3    | What did the doctor tell you?   |
| 344 | BROTHERS      | How many brothers and sisters do you have? Brothers?  |
| 345 | SISTERS       | How many brothers and sisters do you have? Sisters?   |
| 346 | CHILDREN      | Do you have any children?   |
| 347 | PREGNANCIES*  | How many pregnancies have you had?  |
| 348 | MEN_SURGERY*  | Have you had surgery that caused your menstrual periods to stop permanently?                            |
| 349 | MEN_IRREG*    | not used  |
| 350 | MEN_IRREGTMP* | Do you have irregular periods?  |
| 351 | MEN_REGULAR*  | Do you have fairly regular periods?   |
| 352 | MEN_STOP_MO*  | Can you estimate when your last period was or how old you were when you had your last period?           |
| 353 | MEN_STOP_YR*  | Can you estimate when your last period was or how old you were when you had your last period?           |
| 354 | NO_PERIODS    | not used  |
| 355 | BRTH_CNTL*    | Do you currently take birth control pills?  |
| 356 | HORMON_SUPPL* | Do you take supplemental hormones for menopause?  |
| 357 | HORMON_YEARS* | How many years did you take them?   |
| 358 | EVAL_GENERAL  | Are you satisfied with your <b>usual</b> night's sleep ( <i>check one</i> )?                            |
| 359 | COMMENT1      | If there are any comments you would like to make about the quality of your sleep, or getting            |
| 360 | COMMENT2      | If there are any comments you would like to make about the quality of your sleep, or getting            |
| 361 | COMMENT3      | If there are any comments you would like to make about the quality of your sleep, or getting            |
| 362 | EVAL_HEALTH   | In general, would you say your health is ( <i>check one</i> ):  |
| 363 | EVAL_LIFE     | How satisfied are you with the way you are spending your life ( <i>check one</i> )?                     |