

CESD-R20 (Oracle Table: CESDR_POMS)

Please read each of the following statements and place an X in the box which best describes *how often you have felt this way in the past week or so*.

	Not at all or less than 1 day	1-2 days	3-4 days	5-7 days	Nearly every day for 2 weeks
1. My appetite was poor. (appetite_was_poor)	0	1	2	3	4
2. I could not shake off the blues. (could_not_shake_off_the_blues)	0	1	2	3	4
3. I had trouble keeping my mind on what I was doing. (trouble_keeping_mind_on_doing)	0	1	2	3	4
4. I felt depressed. (felt_depressed)	0	1	2	3	4
5. My sleep was restless. (sleep_was_restless)	0	1	2	3	4
6. I felt sad. (felt_sad)	0	1	2	3	4
7. I could not get going. (could_not_get_going)	0	1	2	3	4
8. Nothing made me happy. (nothing_made_me_happy)	0	1	2	3	4
9. I felt like a bad person. (felt_like_a_bad_person)	0	1	2	3	4
10. I lost interest in my usual activities. (lost_interest_in_activities)	0	1	2	3	4
11. I slept much more than usual. (sleep_more_than_usual)	0	1	2	3	4
12. I felt like I was moving too slowly. (moving_too_slowly)	0	1	2	3	4
13. I felt fidgety. (felt_fidgety)	0	1	2	3	4
14. I wished I were dead. (wished_were_dead)	0	1	2	3	4
15. I wanted to hurt myself. (wanted_to_hurt_self)	0	1	2	3	4
16. I was tired all the time. (tired_all_the_time)	0	1	2	3	4
17. I did not like myself. (did_not_like_self)	0	1	2	3	4
18. I lost a lot of weight without trying to. (lost_weight_without_trying)	0	1	2	3	4
19. I had a lot of trouble getting to sleep. (trouble_getting_to_sleep)	0	1	2	3	4
20. I could not focus on the important things. (could_not_focus)	0	1	2	3	4