

January 2, 2002

Participant address

Dear participant:

Due to problems with the blood pressure monitoring device, your blood pressure study was limited to a few readings. We were only able to use 8 of the 23 attempted blood pressure recordings. Unfortunately, this low number of values makes the test impossible to interpret.

Enclosed is a summary of the values that were accurate. Your average blood pressure (BP) while awake was 99/60 mmHg. Your average blood pressure while sleeping was not found, since you removed the cuff before bedtime. These eight values would indicate normal blood pressure.

Because your blood pressure may vary from day to day and with activity, the blood pressure data obtained while you were wearing the unit may not be exactly representative of your true blood pressure. Therefore, if your doctor has found you to have a blood pressure different than what we found, please do not disregard your doctor's measurements. Most importantly, regardless of any measurements from this study, if you have any health problems, be sure to discuss them with your doctor and have your blood pressure checked regularly.

If you have any questions about your values, please feel free to call Dr. Mae Hla, supervisor of the ambulatory blood pressure study, at (608) 263-1631.

Thank you very much for participating in the blood pressure study. We understand that it is quite an inconvenience to be wearing the unit for an entire day, and we really appreciate you putting the effort into this study. Your participation is a very important contribution to the Sleep Cohort Study. If you have any comments about the study, please call or send us a letter.

Thanks again,

Dr. Mae Hla